

International Certifications

(Authorized by International Life Saving Federation – ILS)

- 1) ILS Junior Lifesaver Certificate (Junior Lifesaver) – Valid for Two years
- 2) ILS Lifesaver Certificate (Intermediate Lifesaver) – Valid for Two years
- 3) ILS Pool Lifeguard Certificate (Pool Bronze Medalist) – **Valid for One year**
- 4) ILS Surf Lifeguard Certificate (Bronze Medalist) – **Valid for One year**

Junior Life Saving Programs

- 1) UITEMATE – (Authorized by Society of Water Rescue & Survival Research – Japan)
- 2) Hit the Surf – (Authorized by RNLI – UK)

Water Safety Certificates – Authorized by Royal Life Saving Commonwealth (UK)

- 1) Swim and Survival - Level 1 – Valid for Two years
- 2) Swim and Survival - Level 2 – Valid for Two years
- 3) Swim and Survival - Level 3 – Valid for Two years

Local Certifications

- 1) Basic Life Saving & Water Safety Certificate – Valid for Two years
- 2) CPR Certificate – Valid for One year
- 3) First Aid Level 1 – Valid for Two years
- 4) First Aid Level 2 – Valid for Two years
- 5) Silver Medallion Certification – Valid for Two years

Swimming Grading Certifications

- 1) Elementary Level 1
- 2) Elementary Level 2
- 3) Elementary Level 3
- 4) Intermediate Swimmer
- 5) Professional Swimmer
- 6) Advanced Swimmer Level 1
- 7) Advanced Swimmer Level 2
- 8) Advanced Swimmer Level 3